

## **Art205.Section 002: Design Thinking & Innovative Problem Solving: Spring 2019**

### **Exercise 1:**

Take a Color Walk. Give yourself at least one hour of uninterrupted time. Do Not plan your walk in advance or combine it with other activities. (commuting, shopping, etc.). Try not to talk or interact with other people during this time. You will not need to bring a cell phone, journal camera or iPod. You will not be graded or evaluated on your color walk.

You can begin your color walk anywhere. Let Color be your guide. Allow yourself to become sensitized to the color in your surroundings. As you walk try to construct a color story or a narrative based on the color you observe. What are the colors that you become aware of first? What are the colors that reveal themselves more slowly? What colors do you observe that you did not expect? What color relationships do you notice? Do colors appear to change over time? We will discuss the color walks in our next class.